

# *Mt. Equity Zendo*

## *Zephyr- July 2010*



### **Doyu Takamine Roshi (L) and Tom Wright Sensei (R) Lecture on Porch**

Thanks to the collaborative efforts of Abbess Dai-En and Ms. Mihoko Morita, the Mt. Equity Sangha greatly benefited from hearing lectures on their living encounters with Uchiyama Roshi, Sawaki Kodo Roshi, and Yokoyama Sodo Roshi (also mentioned in [Zen Seeds](#)). Twice daily during our one week Sesshin Doyu Roshi gave heartfelt and engaging talks that were warmly translated by Tom Sensei. In addition, Tom Sensei gave lectures on Tuesday and Thursday evenings on how he came to practice. We were deeply inspired and touched by their depth of teachings and the generosity with which they shared the Dharma. We hope to invite them back to Mt. Equity in the next two or three years.



The day before their departure, teacher and translator, Dharma brothers Doyu Roshi and Tom Sensei enjoyed a walk through Ricketts Glen Waterfall Park.

## Photos from Long Summer Sesshin



Participants of Long Summer Sesshin: Front (from Left) Eishin Sensei, NiOsho, Doyu Roshi, Tom Sensei, Jodo. 2nd Row: Gyokuen, Meigetsu, Misho, Daijun, Daishin. 3rd Row: Kevin Gaughen, Tokuen, Carla Antonaccio, Tomei, Nanshin, Susan Gresens, Tim Kroll, Daisen. Rear: Mike Messmer, Zach Feltey, Sorching Low, Tenryu, Rev. Jisen, I'en, Jido



Teaching on the West Porch



The teachers on a sultry day after the Dharma Talk in Bodhidharma's Cave (Zendo Cellar)

# *Up-coming Events*



**July 16th- 18th - Abbess Dai-En goes to the American Zen Teachers' Association meetings near Rochester, New York. She hopes to return Sunday around noon to participate in the last part of our July Sesshin.**

**Sesshin July 16th-18th- We will look at some of the roots of Dogen's teachings. Daishin will offer a Dharma talk on Case 40 of the Blue Cliff Record "Nan Ch'uan's It's like a Dream."**

**No Half or Full Day of Mindfulness in July due to the holidays.**

**August 7th- Half Day of Mindfulness 1:30-4:30**

**August 8th- Full Day of Mindfulness 10:00-4:00 (bring your own lunch)**

**Women's Stayover- August 14th 1pm- August 15th 11am**

**Tuesday Evenings 7:15-9:30- Zazen with Service, Reading, Discussion**

**Thursday Evenings 7:00-8:30- Zazen with Reading and Discussion**

## 3 Month Practice Period Continues with Genjo Koan



**“A fish swims in the ocean, and no matter how far it swims there is no end to the water.” -Zen Master Dogen**

**Realizing Genjokoan**, by Rev. Shohaku Okumura, is the next book we’ll be reading at Mt. Equity Zendo. Rev. Okumura is a disciple of Uchiyama Roshi, Zen Priest, scholar, and Abbot of Sanshin Zen Community in Bloomington, Indiana.

When we create thoughts ABOUT what we are doing, we are like a fish trying to leave the water. Our thoughts ABOUT our world, however, never come close to the reality we are actually living in. In fact, our thoughts greatly reduce the vastness of the Present Moment. This is why Zen Master Dogen says, “If the fish leaves the water it will die at once.” In the same way, when we are

caught up in thinking, it is as though we are dead to the miracle of our very life in this moment.

Rather, practice just as a fish, swimming in the water. “No matter how far [a fish] swims there is no end to the water” is another way of saying, no matter how long you have been practicing there is no end to the wonder of this moment.

Consider reading **Realizing Genjokoan** for study over the present Practice period which began June 1st and ends August 31st. This is a time to continue to deepen our practice through zazen and study.

(Photo by Gunki Yoshimura)

# Thank You



*Sunrise on the way to Harrisburg International Airport on June 29th. Doyu Roshi, Tom Sensei, and Mihoko San had an early departure flight on their return trip to Japan.*

**Mt. Equity thanks the** following people for their contributions of food and work in the month of June: Diane Hollis, Luu Pham, Jodo, Dan Washington, Cindy Peltier, Srs. Tin and Huyen, Mike, Daisen, Misho, Nanshin, Tomei, Keien, Sue Knause, Susan Faeder, Mimi Rice, Roko, Hoyu, Coordinators Daijun and Tokuen, Nanso, Bill Lundy,

Mihoko Morita, Rev. Jisen, Kevin Gaughen, Meigetsu, Jido, Jakusho, I'en, Sorching Low, Susan Gresens, Donen, Carla, Misho, Zach Feltey, Annie Deighton, Gyokuen, Dendo, Ten Ryu and all those we might have inadvertently overlooked. We especially thank those who participated in the Long Summer Sesshin to help make it a successful event.